



# CONTENTS

## **UNIT 1 Foundations of Community/ Public Health Nursing 1**

### **CHAPTER 1 The Journey Begins: Introduction 1** *Cherie Rector*

- Community Health 3
- The Concept of Community 5
- The Concept of Health 8
- Components of Community/Public Health Practice 14
- Characteristics of Community/Public Health Nursing 17

### **CHAPTER 2 Public Health Nursing in the Community 24**

- Dana Todd*
- Core Public Health Functions 24
- Standards of Practice 26
- Roles of C/PHNs 27
- Settings for Community and Public Health Nursing Practice 33

### **CHAPTER 3 History and Evolution of Public Health Nursing 40**

- Patricia (Trish) Hanes*
- Historical Development of Community/Public Health  
Nursing 41

### **CHAPTER 4 Evidence-Based Practice and Ethics 65**

- Cherie Rector and Anne Watson Bongiorno*
- Research That Makes a Difference: The Family–Nurse  
Partnership (FNP) 66
- Research and Evidence-Based Practice 68
- Impact of Research on Community/Public Health and Nursing  
Practice 75
- Values and Ethics in Community/Public Health Nursing 77
- Values 79
- Ethics 80

### **CHAPTER 5 Transcultural Nursing 95** *Sheila Adams-Leander*

- The Concept of Culture 96
- Characteristics of Culture 102
- Ethnocultural Health Care Practices 106
- Role and Preparation of the Community/Public  
Health Nurse 110
- Transcultural Community/Public Health Nursing  
Principles 111

## **UNIT 2 Community/Public Health Essentials 121**

### **CHAPTER 6 Structure and Economics of Community/Public Health Services 121**

- Cherie Rector*
- Historical Influences on Health Care 122
- Health Care Organizations in the United States 123
- International Health Organizations 134
- Development of Today's Health Care System 134
- The Economics of Health Care 137
- Sources of Health Care Financing: Public and Private 143
- Trends and Issues Influencing Health Care  
Economics 152
- Effects of Health Economics on Community/Public Health  
Practice 159
- Implications for Community/Public Health Nursing 160

### **CHAPTER 7 Epidemiology in the Community 170**

- Betty C. Jung*
- How Epidemiology Supports the Ten Essentials of Public Health  
Services 171
- Historical Roots of Epidemiology 171
- Concepts Basic to Epidemiology 181
- Sources of Information for Epidemiologic Study 190
- Methods in the Epidemiologic Investigative Process 193
- Conducting Epidemiologic Research 197

### **CHAPTER 8 Communicable Disease 204**

- Yezenia Cadena-Malek*
- Basic Concepts Regarding Communicable Diseases 205
- Major Communicable Diseases in the United States 211
- Primary Prevention 224
- Secondary Prevention 235
- Tertiary Prevention 235
- Legal and Ethical Issues in Communicable Disease  
Control 236

### **CHAPTER 9 Environmental Health and Safety 242**

- Ruth McDermott-Levy and Jeanne M. Leffers*
- Environmental Health and Nursing 243
- Concepts and Frameworks for Environmental Health 244
- Core Functions of Public Health 250
- Global Environmental Health 266



## UNIT 3 Community/Public Health Nursing Toolbox 273

### CHAPTER 10 Communication, Collaboration, and Technology 273

*Cherie Rector and Colleen Marzilli*

- Communication in Community/Public Health Nursing 274
- Communicating With Groups 280
- Contracting in Community/Public Health Nursing 283
- Collaboration and Partnerships in Community/Public Health Nursing 286
- Health Technology 289

### CHAPTER 11 Health Promotion Through Education 305

*Dana Todd*

- Healthy People 2030* and Key Concepts Related to Health Promotion 305
- Health Promotion Through Change 309
- Change Through Health Education 314

### CHAPTER 12 Planning, Implementing, and Evaluating Community/Public Health Programs 332

*Denise Cummins*

- Planning Community Health Programs: The Basics 333
- Identifying Group or Community Health Problems 334
- Evaluating Outcomes 343
- Marketing and Community Health Programs 348
- Securing Grants to Fund Community Health Programs 352

### CHAPTER 13 Policy Making and Advocacy 358

*Heide R. Cygan and Susan M. Swider*

- Health in These United States: How Healthy Are We? 359
- Health Policy Analysis 361
- Policy Analysis for the PHN 368
- Political Action and Advocacy for C/PHNs 371
- Current US Health Policy Options 376
- Power and Empowerment 378

## UNIT 4 The Health of Our Population 385

### CHAPTER 14 Family as Client 385

*Mary Ann Drake and Ezra C. Holston*

- Family Health and Family Health Nursing 387
- Family Characteristics and Dynamics 388
- Family Health Nursing: Preparing for the Home Visit 398
- Applying the Nursing Process to Family Health 407

### CHAPTER 15 Community as Client 416

*Naomi E. Ervin and Lakisha Nicole Flagg*

- When the Client Is a Community: Characteristics of Community/Public Health Nursing Practice 416
- Theories and Models for Community/Public Health Nursing Practice 417
- Principles of Community/Public Health Nursing 422
- What Is a Healthy Community? 423

- Dimensions of the Community as Client 423
- The Nursing Process Applied to the Community as Client 428
- Types of Community Needs Assessment 431
- Methods for Collecting Community Data 435
- Sources of Community Data 436
- Data Analysis and Diagnosis 438
- Planning to Meet the Health Needs of the Community 440
- Implementing Health Promotion Plans for the Community 442
- Evaluation of Implemented Community Health Improvement Plans 443

### CHAPTER 16 Global Health Nursing 450

*Katharine West*

- A Framework for Global Health Nursing Assessment 451
- Global Health Concepts 453
- Global Health Trends 457
- Global Health Ethics 475

### CHAPTER 17 Disasters and Their Impact 480

*Beverly A. Dandridge*

- Disasters 480
- Terrorism and Wars 496

### CHAPTER 18 Violence and Abuse 506

*Rachell A. Ekroos and Lauren Traveller*

- Dynamics and Characteristics of a Crisis 507
- Overview of Violence Across the Life Cycle 508
- History of Violence Against Women and Children 509
- Violence Against Children 510
- Intimate Partner Violence 517
- Elder Abuse and Maltreatment of Older Adults 522
- Other Forms of Violence 523
- Healthy People 2030* and Violence Prevention 526
- Levels of Prevention: Crisis Intervention and Family and Intimate Partner (IP) Violence 526
- Violence From Outside the Home 530
- The Nursing Process 531

## UNIT 5 Aggregate Populations 537

### CHAPTER 19 Maternal–Child Health 537

*Dana Todd and Carmen George*

- Health Status and Needs of Pregnant Women and Infants 538
- Infants, Toddlers, and Preschoolers 550
- Health Services for Infants, Toddlers, and Preschoolers 558
- Role of the C/PHN 564

### CHAPTER 20 School-Age Children and Adolescents 569

*Peggy H. Anderson*

- School: Child's Work 569
- Poverty: A Major Social Determinant of Health in School-Age Children and Adolescents 570
- Health Problems of School-Age Children 571
- Adolescent Health 586
- Health Services for School-Age Children and Adolescents 599

**CHAPTER 21 Adult Health 608**

*Vanessa Amore Jones and Judith L. Hold*

- Demographics of Adult Women and Men 609
- Life Expectancy 610
- Health Disparities 610
- Health Literacy 611
- Major Health Problems of Adults 611
- Women's Health 616
- Men's Health 625
- Role of the Community Health Nurse 630

**CHAPTER 22 Older Adults 637**

*Judith M. Scott*

- Geriatrics and Gerontology 638
- Health Status of Older Adults 639
- Dispelling Ageism 641
- Meeting the Health Needs of Older Adults 642
- Levels of Prevention 643
- Health Costs for Older Adults: Medicare and Medicaid 655
- Elder Abuse 656
- Approaches to Older Adult Care 657
- Health Services for Older Adult Populations 658
- End of Life: Advance Directives, Hospice, and Palliative Care 661
- Care for the Caregiver 661
- The Community Health Nurse in an Aging America 662

**UNIT 6 Vulnerable Populations 667**

**CHAPTER 23 Working With Vulnerable People 667**

*Rebecca E. Sutter and Lenore Hernandez*

- The Concept of Vulnerable Populations 668
- Vulnerability and Inequality in Health Care 674
- Working With Vulnerable Populations 677
- Social Justice and Public Health Nursing 684

**CHAPTER 24 Clients With Disabilities 689**

*Charlene Niemi*

- Perspectives on Disability and Health 691
- Health Promotion and Prevention Needs of Persons With Disabilities 695
- Civil Rights Legislation 697
- Families of Persons With Disabilities 700
- Universal Design 703
- The Role of the Community/Public Health Nurse 705

**CHAPTER 25 Behavioral Health in the Community 710**

*Deborah S. Finnell*

- Contemporary Issues 710

- Prevention of Substance Use and Mental Disorders 715
- Mental Health 717
- Substance Use 719
- Tobacco Use 725
- Community- and Population-Based Interventions 726

**CHAPTER 26 Working with the Homeless 731**

*Mary Lashley*

- Scope of the Problem 732
- Health Care and the Homeless 741
- Resources to Combat Homelessness 742
- Role of the C/PHN 743

**CHAPTER 27 Rural, Migrant, and Urban Communities 752**

*Robin M. White*

- Definitions and Demographics 753
- Rural Health 759
- Migrant Health 769
- Urban Health 782

**UNIT 7 Settings for Community/Public Health Nursing 797**

**CHAPTER 28 Public Settings 797**

*Mary Jo Stanley and Beverly A. Dandridge*

- Public Health Nursing 798
- Public Health Funding and Governmental Structures 799
- Nursing Roles in Local, State, and Federal Public Health Positions 800
- Correctional Nursing 821
- Correctional Nursing Careers 824

**CHAPTER 29 Private Settings 829**

*Carol Pochron, Angelique Lawyer and Mary Jo Stanley*

- Nurse-Led Health Centers 830
- Faith Community Nursing 835
- Occupational and Environmental Health Nursing 839
- Nurse Entrepreneur in Community/Public Health Nursing 845

**CHAPTER 30 Home Health and Hospice Care 850**

*Elizabeth Wright and Mary Jo Stanley*

- Home Health Care 850
- Hospice Care 859

**Appendix: Quad Council Tier 1 Community/Public Health Nursing Competencies 869**

**Index 873**